

Greetings from #1 Petteys Hall

Welcome back! We hope you've all had a restful break, and that you're off to a good start with the spring semester. You're all encouraged to come back to SSS as soon as possible this month, as we are eager to help you out once again. If you don't think SSS is for you, please let us know, as we have a waiting list of over 35 students who would love to take your spot. Looking back at the fall semester, I've calculated all participants' GPA for the fall—it stands at 1.93. As this is my first semester here, I'm not sure how this compares, but I do know that there were 68 of you who were put on either probation or suspension. I hope all of you can learn from the past semester, and take advantage of tutoring,

study groups, better time management, or another tactic to excel here at ASC. Wendy, Lauren, and I would like to challenge all of you to set even higher goals for the spring, and we want to help you reach them.

On another note, I want to make sure you all know that we have another change here in the office—Lauren is moving back to Denver at the end of the month to be with her family, and we'll have a new Academic Counselor/Tutoring Coordinator, Tanya Martin, starting on January 26th. We'll miss Lauren greatly, and we hope you can come in to say goodbye.

Finally, I want to encourage you all to take advantage of the new career services we're offering in SSS. As a former career counselor, I



am hoping to meet with many of you to choose a major, find an internship, apply to grad school, help you with a resume, or anything else related to your career. We in SSS are just as invested as what you do after you graduate, too. As always, if you have any questions, comments, or suggestions, let one of us know.

-Brian Rauscher

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SSS Fall 08 Recap—

- Winners of the two \$400 SSS Scholarships are Monica Gallegos and Kimberly Lucas. Both had outstanding GPA's, and were active participants in the program. Congrats!
- A total of 30 participants who had a GPA over 2.0 and were active participants in SSS were awarded grant aid, dispersed from a pool of over \$14,000.

Office Hours

Monday	8:00am-6:00pm
Tuesday	8:00am-6:00pm
Wednesday	8:00am-6:00pm
Thursday	8:00am-6:00pm
Friday	8:00am-5:00pm



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Student Support Services' Tutoring Program Receives CRLA Certification

During the month of December, SS received notification that its Tutoring Program has been granted tutor training certification. SSS applied to the College Reading and Learning Association (CRLA) at the beginning of the Fall semester to certify its Tutoring Program. SSS Tutoring Program is now Level I certified. CRLA certification offers numerous benefits for individual tutors, tutorial coordinators, and programs. The following are some of the opportunities/benefits that are possible with the CRLA certification:

- Secure greater student and faculty confidence for tutorial program and tutors;
- Attract highly motivated tutors;
- Tie wage rates to CRLA certification levels in order to provide incentive for additional training and experience;
- Involve upper level tutors in developing and/or conducting segments of tutor training;
- Honor certified tutors;
- Recognition by other colleges and universities; and
- Resume building (tutors can add certification to resumes).

Every year SSS will be required to re-certify the Tutoring Program. For more information

SSS Summer Scholars Update

The 2009 Summer Scholars session has been set for July 12th-31st.

If you are interested in working as an RA/Tutor, watch for applications in the Spring. If you would like to help recruit HS seniors who will be coming to ASC, see Brian. We will be taking spots for 40 incoming freshmen, as well as 5 RA/Tutor positions.

Spring 2009 Drop- In Tutoring

For students who are seeking additional help in courses, SSS will begin a drop-in tutoring program beginning the week of January 19th. Please review the schedules below. SSS will inform participants of new availability. If you have questions, please contact Lauren, Peer Tutoring Coordinator at 719-587-8156.

Tutor:	Kenneth	Sandra	Scotty
	Tue. 9:00 – 1:00	Mon.-8:00-10:00	Tue. 2:30 – 6:00
Time:	Thurs. 9:00 – 1:00	Fri.-8:00-10:00	Fri 1:00 – 5:00
Courses:	Math 095, 097, 099	Math 095, 097, 099, Bio 203, 204, Chem 111, 131, 132, 321, 322	Math 095, 097, 099, 106 Eng 101, 102 Chem 111, 131, HPPE 100, 120



Peer Mentoring

Peer Mentoring will be making an appearance once again to the SSS program in Fall of 2009. It is an aspect of the SSS program where an experienced student provides information, support, advice and encouragement to a less experienced student. The mentor leads and guides by example, showing the mentee how to learn, grow and find success.

In various studies, it has been found that mentoring can help both the mentee and mentor. Mentees gain a better understanding of an area of study or an organization.

They can gain access to resources and networks. Mentee's often report increased self esteem, better time management skills, and improved communication skills. Mentors also benefit. They gain increased understanding of their own studies and communication skills. Mentors report learning leadership skills and developing an increased sensitivity to the challenges others face.

Mentoring is a great program that we are excited to bring back to SSS. Please help us get the program off to a good start by volunteering to be a

mentor. Or should you feel that you could use the help, sign up to be a mentee and you will receive guidance from your own specially chosen mentor. But remember the mentoring will not begin until Fall 2009.

We will be having an open forum to discuss the mentoring program, obtain suggestions, and answer questions on *Thursday, January 29th at 4:00pm here in the SSS office.* Please stop by and help us make the mentoring program a success.

Wendy Loch
Academic Counselor

Spring 2009 Extracurricular Activities

The Spring 2009 semester is jam packed with fun SSS activities. We have incorporated new outings and trips into our schedule to give more variety to the program and allow for greater learning opportunities for each of you. Here are some of the activities to look forward to this semester:

January 25th.....Ski trip to Wolf Creek Ski area. "College Day" \$31 lift tickets.

February 12th.....R&B Concert and Valentines Dinner in the SUB.

March 2nd.....ASC Career Fair in the SUB.

April 4th.....Volunteer Trip to Lathrop State Park in Walsenburg. Join us as we better the Environment by working in this beautiful area.

April 11th.....Track and Field: Travis McKinney Open at Rex Stadium.

April 25th.....Field Trip to Peterson Air and Space Museum in Colorado Springs.

April 29th.....SSS Annual Banquet.



Please come by our office for a complete list of activities. We will be attending numerous events on campus and hope that you can find the time to join us. These events are fun, rewarding and can look great on your resume. Come in and see us if you have questions or ideas of fun activities that we may not be aware of.

Wendy Loch
Academic Counselor





How to Start the Semester Right By Tara Kuther, Ph. D., About.com

The most effective way to ensure success in classes -- learning and getting good grades -- is to prepare early and often. Most students recognize the value of preparation in ensuring excellent class performance. Prepare for each class, each test, each assignment. Preparation, however, begins before the first reading assignment and first class. Prepare for the semester and you'll be off to a great start. So, how do you start the semester right? Get into the proper mindset by following these three tips.

Plan to work.

Colleges - and faculty - expect you to put in a significant amount of time over the course of the semester. At the undergraduate level, a 3 credit course generally meets for 45 hours during the semester. In most cases you are expected to put in 1 to 3 hours for every hour of class time. So, for a class that meets 2.5 hours a week, that means you should plan to spend 2.5 to 7.5 hours outside of class preparing for class and studying the material each week. You likely won't spend the maximum time on every class every week - it's a big time commitment! But recognize that some classes will require relatively little prep and others may require additional hours of work. In addition, the amount of time you spend on each class will vary over the semester.

Get a head start.

This one is simple: Begin early. Read ahead. Try to stay one reading assignment ahead of class. First, this permits you to see the big picture. Readings tend to build on each other and sometimes you may not realize that you don't understand a particular concept until you encounter a more advanced concept. Second, reading ahead gives you wiggle room. Life sometimes gets in the way and we fall behind in reading. Reading ahead permits you to miss a day and still be prepared for class. Likewise, start papers early. Papers nearly always take longer to write than we anticipate, whether it's because we can't find sources, have a hard time understanding them, or suffer from writer's block. Start early so that you won't feel pressed for time.

Mentally Prepare.

Get your head in the right place. The first day and week of classes can be overwhelming with new lists of reading assignments, papers, exams, and presentations. Take the time to map out your semester. Write down all classes, due dates, exam dates. Think about how you will organize your time to prepare and get it all done. Plan time off and time for fun. Think about how you will maintain motivation over the semester - how will you reward your successes? By mentally preparing for the semester ahead you put yourself in the position to excel.

January 2009

Sun	Mon	Tue	Wed	Thu	Fri	Sat
				1 New Year's Day	2	3
4	5	6	7	8	9 Tuition/Fee Payment Begins	10 Housing Move In New Student Orientation
11	12 Classes Begin Tuition/Fee Pay- ment Continues	13	14	15	16 Tuition/Fee Payment Dead- line	17
18	19 Martin Luther King Day No Classes	20 SSS Women's & Men's Basketball Plachy 6:00 & 8:00 p.m.	21	22	23	24
25 SSS College Ski Day Wolf Creek 7:00 a.m.	26	27 SSS Note Taking & Study Skills Work- shop SUB/A129 4:00 p.m.	28 Instate Res App Deadline Last Day Add/Drop Courses	29 Lauren's Last Day in SSS! Mentor Planning w/ Wendy 4pm	30	31